



Professional development at the intersection of business leadership, social enterprise, and vital community impact.

Depending upon your unique agenda, the professional coaching process may help you gain momentum in some of the following areas:

- Purpose, Transition, Priorities
- Personal Brand, Functional Acumen, Leadership Style
- Networking, Relationships, Allies
- Balance Perspectives, Wellness, Resonant Choices
- Strategy, Process, Decision making
- Enterprise Culture, Inclusion, Positional / Personal Voice
- Change Agility, Commitment, Action

How Coaching Works

What:

- 1-to-1 coaching focused on client objectives

Who:

- Leaders (emerging / seasoned)
- Individual contributors

When:

- Weekly or bi-weekly sessions

Benefits:

- Coaching aligns with personal aspirations and / or strategic imperatives of an organization.
- Inquiry and development between sessions allow for experimentation, observation, and intentional shifts in real time.

The Coaching Process invites you to explore how you:

Lead Yourself

Leadership Vision / Values
Internal Strengths and Presence
Growth Agenda

Lead Others

Engagement and Influence
Saboteurs & Challenges
Competency Fine Tuning

Potential Surfacing Topics

- Emotional Intelligence
- Ethics and Integrity
- Executive Presence / Voice
- Communication Style
- Resiliency
- Accountability
- Role Change and Adjustment

Potential Surfacing Topics

- Leading Teams / Strategic vision
- Goal Setting
- Performance Feedback
- Coaching and Developing Others
- Change Management
- Delegation
- Courageous Conversations

“ Julie helped me see myself as a Leader rather than just a Manager. She supported my desire to grow and be a good role model for others. Asked me challenging questions that caused me to pause and reflect. Julie is amazing! ”



Who is Julie Stark?

Julie Stark is the owner and Managing Director of The Stark Solution, a talent development and professional coaching firm located in Chicago, Illinois. Coaching clients include:

- Director level leaders cultivating presence, influence, and decision-making with internal / external stakeholders.
- In-house leaders or entrepreneurs building opportunity and economic vitality in community-based organizations.
- Transitioning professionals who are pivoting career skills within or beyond their current industries.
- Young professionals navigating business culture, performance, or leadership engagement.
- Professionals with disabilities navigating access and influence in work settings.

The Stark Solution is ready to begin a coaching alliance with you! Schedules, pricing, and packages upon request. Please contact Julie Stark and let's get started!

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